Feast of the Body & Blood of Christ

Year B Cycle II

2 June 2024



### The Ritual of Eating

ating and drinking are among the most important things human beings do. From the time we are fed by our mothers as children onwards, there is no more basic need. Eating and drinking are also a fundamental part of how we build society. Families eat together, friends and colleagues meet to eat and drink, whether it be in a nice restaurant or a fast-food outlet at a local shopping centre. Birthdays, weddings and funerals are usually marked by some sort of eating and drinking. In the sphere of religion it is no different. In the Old Testament God's relationship with the people is often marked by some sort of eating and drinking: this begins with Adam and Eve eating what they shouldn't! The great liberation of the Exodus starts with God instructing the people how to cook and eat the paschal lamb, to make unleavened bread and season the meal with bitter herbs. This became the central rite of sacrificial, sacred eating among God's people. The Gospels tell us how from his childhood Jesus devoutly went on pilgrimage every year at the Passover. During the Passover, every family offered a lamb to be sacrificed in the Temple and eaten in a ritual festive meal. Other sacred eating and drinking involved the Temple priests consuming sacred bread, and pouring out and drinking wine, "the blood of the grape".

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### Congratulations First Eucharist Candidates!

This weekend two groups of children will be receiving their First Eucharist. The First Eucharist Mass is a memorable and meaningful experience not just for the children themselves, but for the whole parish community. Celebrating this faith milestone with family and friends adds to the joy and significance of this sacred sacrament in the child's spiritual journey.

We should remember that First Holy Communion is not an endpoint but rather a beginning of the child's faith journey. We must continue to support their spiritual growth by encouraging regular participation in Mass, religious education, and ongoing spiritual formation.

Jesus loves the little children, let them come to him.

Feast Days
this Week
St Charles
Lwanga & Co
3 June
St Boniface
5 June
The Most Sacred
Heart
7 June
The Immaculate
Heart
8 June



Welcome OLR Students

The children will attend Mass here on Friday, Feast of the Sacred Heart, at a special 10am School Mass.



Anointing of the Sick

will be celebrated
Friday 7 June
during 11:45am
Mass for those
over 65 or with
serious or long-



Nursing Home Communion Service

A Communion Service will be held at Killarney Court Killarney Vale at 11am on Tuesday.

### The Ritual of Eating (continued)

Jesus, of course, knew all these rituals and liturgical practices. He drew on them all when he instituted the sacrifice of his own Body and Blood at the Last Supper. Recalling the manna in the desert and the sacred bread eaten in the Temple, he chose bread as the element most suitable for being transformed into his Body and Blood, Soul and Divinity. Knowing that wine both cheers the heart of humankind, and has overtones of suffering and being poured out, he chose it as the other most suitable element to be transformed into his Body and Blood, Soul and Divinity.

These two elements are each made by their constituent parts being ground and pressed and made into one. The separate grapes are collected and crushed, the separate grains of wheat are ground and mixed together. This process symbolises both the passion of Christ, and the fact that we are unified in Christ. John's Gospel makes clear that Jesus was being slaughtered on the cross at the same time as the paschal lambs were being slaughtered in the Temple. Paul uses a very early Christian formula in one of his letters: "Christ our paschal lamb is sacrificed!"

So Jesus took these rites from the Judaism of his time, and transformed them into a new rite where he himself is sacramentally among us. This presence renews his sacrifice and nourishes his people. As the letter to the Hebrews points out, the sacrifices in the Temple were good, as they pointed to the Messiah who was to come, but now that Jesus has come, we offer up not the body and blood of lambs, but the very person of God incarnate.

The Eucharist is the greatest sacrament. So great is this mystery that the Church has given us this special feast of the Body and Blood of Christ, in which we can contemplate and celebrate the gift of the real presence of the Lord among us. Although we hold this feast only once a year, every time we celebrate Mass we celebrate the feast of Christ's Body and Blood. We can also spend time with Christ outside of Mass. If we are lucky enough to have access to a church where the Blessed Sacrament is reserved, we can kneel or sit before the Lord. We can adore him silently or tell him our troubles and joys. If we don't have this luxury we can pray the words of the Mass at home, or use various devotions with special relevance to the Eucharist, such as the Litany of the Precious Blood. Every day can be a feast of the Body and Blood of Christ!

The Living Word Redemptorist Publications

### **Profound Gift**

The Sunday readings for the Most Holy Body and Blood of Christ, also known as Corpus Christi, invite us to ponder on the profound mystery of the Eucharist. Through the readings, we are reminded of the transformative power of Jesus' Body and Blood, which we receive in the Eucharist.

The First Reading from the Book of Exodus reveals the establishment of the covenant between God and his people through the offering of a sacrifice. This foreshadows the ultimate sacrifice of Jesus on the cross, which is remembered and made present to us through the Eucharist.

In the Second Reading from St. Paul's letter to the Corinthians, Paul emphasises the importance of receiving the Eucharist worthily and in a state of grace, recognising the real presence of Christ in the Eucharist.

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### Profound Gift (continued)

Finally, the Gospel reading from Mark recounts the miraculous feeding of the five thousand, which prefigures the Eucharist as the ultimate source of nourishment for our souls. Jesus tells his disciples that his body is true food and his blood is true drink, and that those who eat his flesh and drink his blood will have eternal life.

As we reflect on the readings for Corpus Christi, let us be reminded of the profound gift of the Eucharist, which allows us to receive Jesus' Body and Blood and be transformed by his love. Let us approach the Eucharist with reverence and awe, recognising the real presence of Christ in the bread and wine. May we be nourished by his Body and Blood and be strengthened to live out our faith in the world.

Colleen Smith Pastoral Associate

### Welcome to the Catholic Church!

ast weekend Rachel Scott and Jennifer Grindell-Kruf were Received into the Catholic Church and their daughters baptised. Congratulations all!





### First Friday Cuppa

Our First Friday Cuppa is on again next Friday after the Anointing Mass. Come along to the Parish Centre for tea, coffee, biscuits and nibbles (provided). BYO sandwich or lunch if you prefer. Relax for a while in great company instead of rushing off home! Everyone welcome! Enq: 4332 2216.

# The Pope's Prayer Intentions for June

or Migrants Fleeing their Homes
We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

## Children's Liturgy of the Word

Jesus said "Let the little children come to Me, and do not hinder them." *Matthew 19:14.* Are you looking for a chance to make a real difference in the lives of children while spreading the Gospel message? Children's Liturgy of the Word is starting at the 5pm Vigil Mass. We need volunteers to lead the children in learning about faith. All materials and training provided. If you're interested please speak with Fr Brian or Colleen at <a href="colleen.smith@bbcatholic.org.au">colleen.smith@bbcatholic.org.au</a>. Volunteers will need a Working With Children Check.



St Vinnie's
Winter Appeal
Save the date:
the Winter Appea
for the St Vincent
de Paul Society
in our parish will
be held on the
weekend of
15/16 June.



# KidsClub Come along Saturday 15 June 3-4:45pm in the Reynolds Room. Make friends, have fun, and learn more about Jesus! Free entry.



New Hand Rail
There is a new railing on the steps to the Lectern to provide safety for Readers and Ministers.

# The Catholic Weekly

The
Catholic
Weekly
Now on
sale on the
Church
tables.
\$2 to the
poor box
please.

### THE ENTRANCE PARISH DIOCESE OF BROKEN BAY

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Office Hours Monday-Friday 9.30-5.00pm Telephone 4332 2216

Postal Address PO Box 189 THE ENTRANCE 2261 Street Address 239-243 The Entrance Rd THE ENTRANCE 2261

Email info@ourladyoftherosary.org.au Facebook Our Lady of the Rosary Parish The Entrance

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### Mass & Devotions

Sunday Masses Saturday Vigil 5:00pm Sunday 8:00am & 9:30am (11am at Reynolds Court, Bias Ave Bateau Bay)

Weekday Masses Monday - Thursday 9:00am Friday 11:45am Saturday 9:00am

Reconciliations Saturdays 9:30-10am and 4-4:30pm

**Liturgy of the Hours** Saturday 8:40am **Rosary** Monday-Thursday 8:35am Friday 11:20am Saturday 9:30am **Cenacle Prayer Group** Wednesday 9:30am **Christian Meditation** Friday 10:30am-11:30am Reynolds Room

### Corpus Christi

Exodus 24:3-8

Hebrews 9:11-15

Mark 14:12-16, 22-26

Entrance Antiphon: He fed them with the finest wheat and satisfied them with honey from the rock.

Responsorial Psalm: I will take the cup of salvation, and call on the name of the Lord.

Gospel Acclamation: Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will

live for ever. Alleluia!

Communion Antiphon: Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

## Keep Us In Your Prayers There is no gift more precious than prayer - Fr Benedict Groeschel

Recently Deceased: Doreen Barnes, Mario Bonnici, June Edwards, Peter Moloney.

Anniversaries: George Santarossa, Loredana Del Vescovo, Irene McCudden.

**Remembrances:** Pat Smith, Marie Powell, Jill O'Sullivan, Arthur Vella, Margaret Pizzuto, Terence & Josephine Smith, Terry Howard, John Giutronich, Sam & Carmen Ghirxi, Martin Ghirxi, Daniel Heggarty, Ralph Jayesuria (birthday), Alfonz Matijasevic, Joe Bond, Frank & George Grech, Carolyn Finch and all the Holy Souls.

Families: Grech, Zahra, Grima, Cassar, Sciberras, Camilleri, Falzon & Patterson.

**Sick:** Julie Fletcher, Antonio Palagiano, Glenda Way, Joshua McCarroll, Christopher Malone, Leo Lamont, Terry Mallia, Margaret Falzon, Phil Pannell, Susan Simmons, Jenny Balacco, John McClement, Anne & Trish Knoke, Paul Smith, Emma Horton, Linda Read, Kelly Will and all with serious illness.

Welcome Newly Baptised: Luna & Atlas Page, Aria Patten, Antonia Grindell-Kruf, Freya De La Cruz.

Pearly Gates Revisited





# **Everyone Welcome!**

The Gift Centre is open each weekend before and after the 5pm Vigil Mass on Saturdays, and before and after the 9:30am Mass on Sundays.

We look forward to seeing you soon!

**Enquiries 4332 2216**